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Food for thought: Holy Cross Primary School pupils, from left, Karl Long, Olivia Newman, Adrian Encinares and Chrisy Munoz

Pupils' lesson in healthy living

PUPILS at a Bristol primary school have helped launch a new healthy eating initiative.

The Good Food Network, a programme to educate children on the benefits of a healthy diet, organic farming and the benefits of "buying local", made its debut at Holy Cross Primary School in Bedminster.

Pupils were given a talk and were then able to work on

making their own healthy meals.

The Good Food Network is backed by Bordeaux Quay Cookery School, Bristol City Council and the Soil Association.

It is funded by the National Lottery and is part of a community scheme from new business Crunch Foods.

Its founder Griff Holland

said: "Initiatives like the Good Food Network are much needed in schools today given the increasing rate of child obesity and poor health.

"I hope that our network and visits will engage and motivate children to eat a healthy diet and appreciate the benefits of local, organic foods to our environment and communities."